

**For Immediate Release:**

**Media Contact: Tom Palange**  
**Phone: 800-769-3571 Ext. 708**  
**Email: [tpalange@consumercredit.com](mailto:tpalange@consumercredit.com)**

**It's the Thought That Counts!**  
*Tips for celebrating a budget-friendly Mother's Day*

Newton, MA – May 9, 2007 – Each May we take time to honor and celebrate the women who give us so much; our mothers. It is easy to be tempted into spending money on overpriced gifts and novelties that have been priced higher in light of the holiday, but many of us cannot afford to break the bank. Use these tips to show your Mom how much you love her without depleting your checking or savings:

**Give Mom Plants and Flowers:**

Buying flowers for your mother doesn't have to mean paying \$50 for a dozen roses. Consider buying flower bulbs or seed packets and planting a flower garden for your mom. Using annual or perennial flowers might be an extra special idea since she can look forward to flower blossoms every year.

**Give Mom Family Photos and Collages:**

With digital cameras and one-hour photo, printing high quality photos is easier and more inexpensive than ever. Gather some of Mom's favorite photos, make copies, and design a collage for Mother's Day. You might also choose to find your best picture of each member of your family and combine them into a single frame of your whole family. Creative photos and frames can be priceless gifts that Mom will cherish for years.

**Give Mom a Day Off:**

Give Mom a break this Mother's Day by taking on her chores and spring cleaning projects. Take charge of whatever household jobs she does on a daily basis, and let her sit back and relax. Has your mother been hoping to have the laundry done, the yard raked, the ceiling painted, or the carpet cleaned? Take the initiative to complete the projects Mom needs around the house and she'll truly be thankful for your gift.

**Give Mom a Mother's Day Dinner:**

Mother's Day isn't only about flowers, Sunday brunch, and gifts. Take some time to plan out a family dinner that you can organize, cook, and serve. Find out your mother's favorite dishes and prepare them yourself. Light a few candles, pour Mom a glass of her favorite wine and give her a dinner that came straight from the heart.

**ABOUT ACCC:** American Consumer Credit Counseling (ACCC) is a non-profit 501 (c) (3) organization dedicated to empowering consumers to regain control of their lives through education, counseling and debt management. ACCC provides individuals with practical solutions for solving financial problems and recognizes that consumers' financial difficulties are often not the result of poor spending habits, but more frequently from extenuating circumstances beyond their control. As one of the nation's leading providers of financial education and credit counseling services, ACCC works with consumers to help them with the best plan of action to reduce their debt and regain financial stability. For more information or to access free financial education resources log on to [www.consumercredit.com](http://www.consumercredit.com).