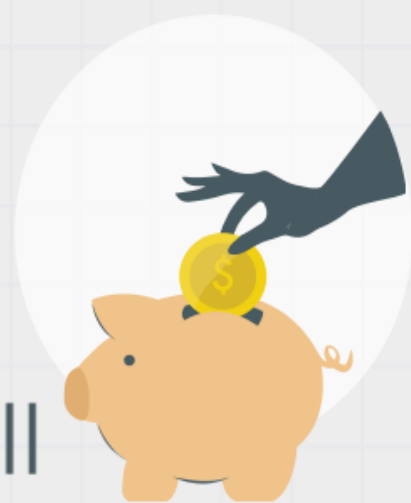


# What's in Your BUDGET?

## Results for ACCC's September Consumer Poll

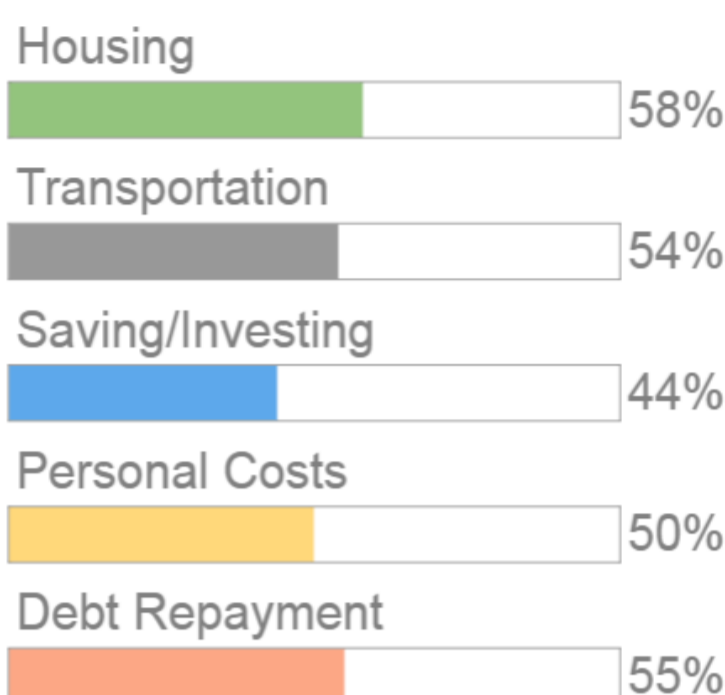


57% of the consumers polled by ACCC last month have a working budget, but many of these don't follow the recommended spending guidelines.

## The Recommended Guidelines

37% of respondents with a working budget are not aware of the recommended spending guidelines.

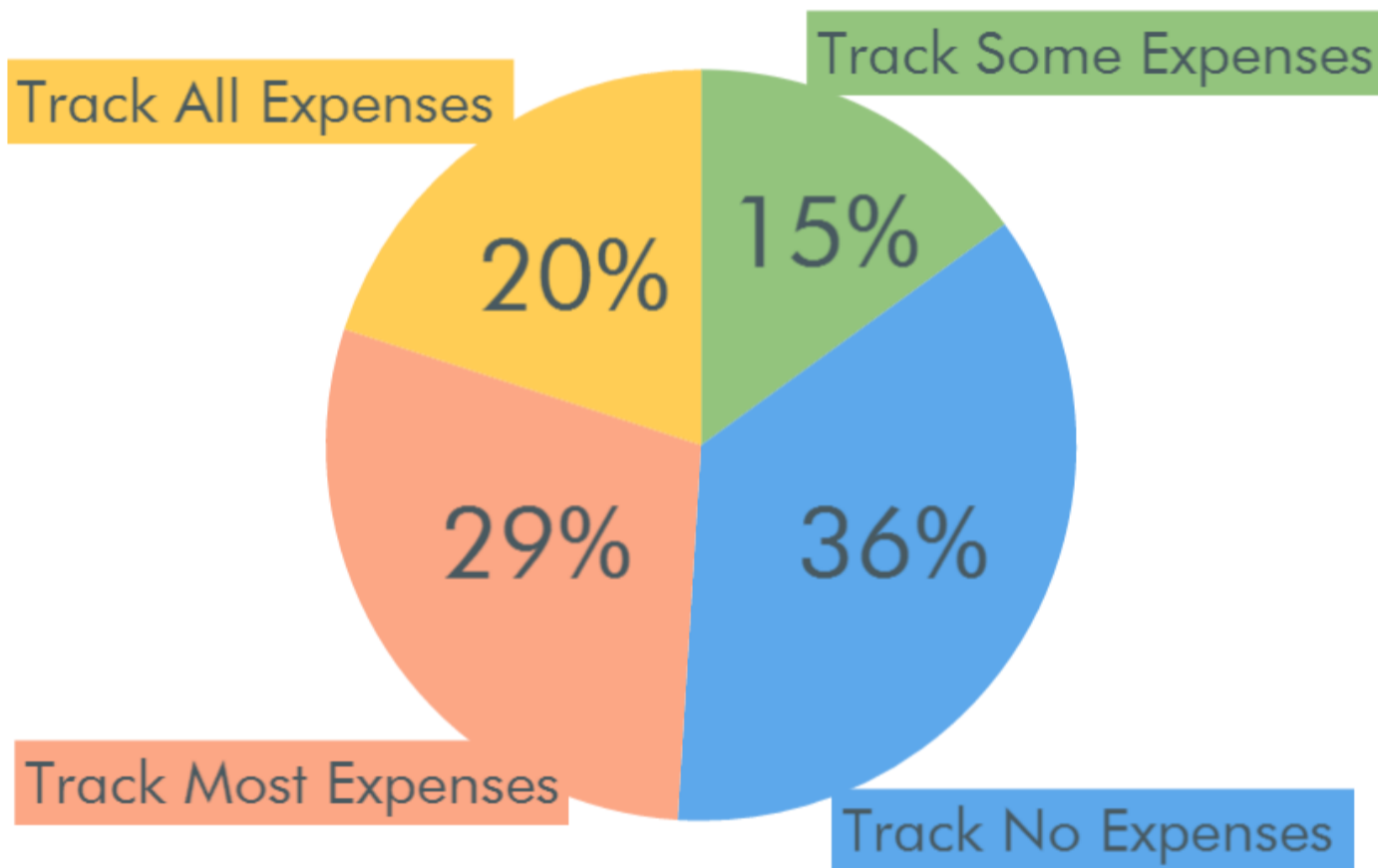
### Percentage Who Know Each Recommended Guideline



## Budgeting Habits

49% of respondents do not track monthly changes in variable expenses to adjust their budget.

### Consumer Expense Tracking Behavior



## More Budgeting Trends

66% of Respondents would make budget adjustments based on the recommended spending guidelines.

According to Gallup:



According to the BLS:

