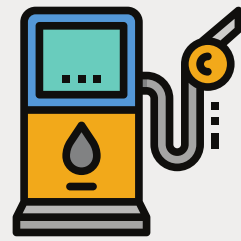


March 2022 Financial Health Index

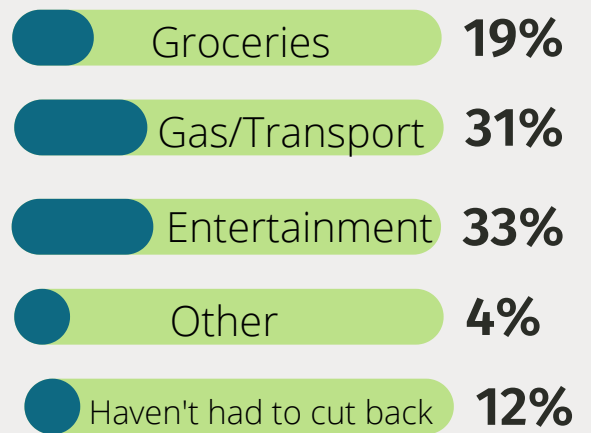
American Consumer Credit Counseling, Inc

Has the cost of basic necessities such as groceries and gas had an impact on your family's lifestyle?

Nearly **93%** of respondents stated that the rising costs have impacted their family's lifestyle, with **40%** stating that it has had a **significant impact**.



Have you had to cut back on anything as a result of rising costs?

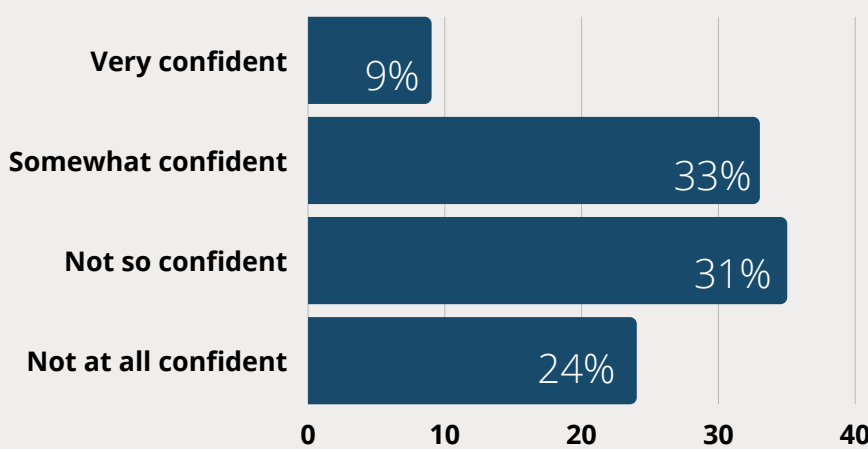


Are your plans for vacation or summer travel changing or being postponed as a result of rising costs?

24% of respondents are **postponing travel** this year, while **26%** are **modifying their plans** to reduce costs.

How would you describe your confidence in the U.S. economy?

More than **50%** respondents are **not confident** in the U.S. economy.



How much credit card debt do you currently have?

